

**Open Access****Article Information****Published:** November 30, 2024**Keywords**

Stem Cells,  
Health Risk,  
Tissue Healing  
Medical Treatments.

**Authors' Contribution**

MNI designed the study; MNI and AA wrote and revised the paper.

**How to cite**

Iqbal, M.N., Ashraf, A., 2024. Adult Stem Cells: Biological Functions and Therapeutic Applications. *PSM Microbiol.*, 9(3): 74-76.

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## **Adult Stem Cells: Biological Functions and Therapeutic Applications**

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**Abstract:**

Adult stem cells are essential to the health of our bodies because they keep our tissues in a delicate equilibrium. They guarantee a steady flow of healthy cells into our tissues to replenish any lost or damaged ones. The ability of adult stem cells to differentiate into a wide variety of cell types presents a promising avenue for the treatment of disorders for which there is presently no therapy. Stem cells from embryonic or adult origin are the focus of intense research to understand their specific biology in order to develop new medical treatments. In this issue, Alkhattab (2024) demonstrates that adult stem cells contribute to tissue healing and are widely used in the treatment of various diseases. The promise of stem cells to cure a wide range of human and animal illnesses and to heal damaged tissue is undeniable. The full potential of stem cells and their influence on human health and lifespan will only be realized with sustained investment in research and interdisciplinary collaboration.



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