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Bioactivity of *Punica granatum*: Therapeutic Agent in Respiratory Disorders

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Abstract:

Punica granatum (pomegranate) has numerous health benefits, and its application in the treatment of illness has been well known since ancient times. Numerous biological characteristics, including antibacterial, anti-inflammatory, antioxidant, and anticancer effects, have been reported for this fruit. It is now generally acknowledged that natural products may contribute in controlling fibrotic disorders. In this issue, Alkhatib (2024) demonstrates that the consumption of freshly squeezed pomegranate juice mitigates the progression of pulmonary fibrosis. This showed the effectiveness of pomegranate as an alternative treatment option, exhibiting great potential to ameliorate pulmonary fibrosis and other respiratory disorders.



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